

17 March 2016

Dear Parents/Caregivers

It has been great to wander in and out of rooms and look and listen at the learning that is going on. Learning takes many forms and is not bound by the four walls of the traditional classroom. Our students are taking advantage of the flexible learning spaces and the challenges teachers are putting in front of them. Sometimes these challenges can really stretch our students and they need extra help or an opportunity to look at the problem in a different way. Sometimes, we don't always get that right - sometimes, as parents you have a perspective that we have not considered. That is why the upcoming parent teacher interviews are vitally important to us in getting a better picture of your child. Please take advantage of this opportunity. We look forward to seeing you there. You should have received information relating to the interviews last week. If not, please contact the school office - phone 2325201.

Speaking of the school office, we have a new digital sign in system at the school. We do have to keep track of visitors for Health and Safety reasons. So, don't be offended if we ask you to sign in if you are visiting our school.

Our school athletics day was weather affected last week and as a result a wee bit disjointed. I must congratulate all the staff who organised and ran the day as well as the students who ran, jumped and threw with vigour!!

We had a number of students experience success at the Titahi Bay Surf Life Club prizegiving recently. Zach Gilligan, Ethan Jones, India McMahon and Acacia Edmonds all received recognition for their recent achievements. Acacia also competed recently at the Nationals in Mt Maunganui. Well done!! Zach also received an award as part of the recent Cannons Creek Creekfest acknowledging young people who are doing great things in Porirua.

If you have any news about students at our school that you would like to share just let us know.

Today, Andrew Fuller looks at friendship skills.

Regards

BRENDON HENDERSON
Principal



CREATING RESILIENT FAMILIES

14

FRIENDSHIPS

FRIENDSHIP SKILLS MOST IMPORTANT

The ability to get along with others and to work as a team member may be more important in determining success than intelligence, school marks or level of schooling.



FRIENDSHIPS CONTRIBUTE TO RESILIENCE

In a survey of young people, getting along with peers was rated as an essential factor in young people's wellbeing. Research tells us that having at least one positive friend with meaning in their lives, having a broad sphere of social contacts, belonging to a group who do not equate risk-taking and delinquency with identity, and having friends who have a positive outlook on life and involve themselves in a range of activities are powerful protective factors for young people.

Loss of Friends

Girls often become more upset over disputes with friends, while boys may be more likely to angrily accuse the person they are arguing with. For both, however, the loss of relationships can be quite devastating.

CHECKLIST

- Do your children get to see you doing social activities with your friends?
- Do your children get to see you make up with friends if there has been a difference of point of view?
- Do your children see you mix with other adults who you do not know well?

How Parents Can Help Children Develop Friendship Skills

Children who don't seem to be able to make friends often rely on their parents to provide social contact and as a result they may develop 'adult interests' that may alienate them from their peers. It is quite a dilemma for the parents of these young people, because spending more time comforting a child may make them even more reliant upon a parent but if they're not taken out, they mope around the house looking miserable.

Ideally, involving children and teenagers in some form of club or sport is helpful, as is ensuring that they have a broad range of social contacts. This is especially useful if children are encouraged to participate in a wide variety of social groups while they are still at primary school. This will help to protect them against bullying and loneliness if they lose some friends during their early teen years.

SHOW THEM HOW

Mrs Lim of Hope Valley spoke of her revolution. 'I knew that it was expected that parents would become their children's taxi driver. I even had one of those car stickers: "Warning - Bored Parent On Board". I was so worried that my children wouldn't make good friends and I spent so much time running them here and there, that I forgot to show them that I can make friends too. They hadn't seen me go out in years and the reason was simple - I hadn't been out for years. So I invited my daughter to go out with me. She was so shocked she agreed. She wanted to know where. I said it's a surprise. I took her to a play. I loved it. She hated it and told me how daggy my social interests were. "Get a life" was her basic sentiment, so I did. 'Occasionally I still invite my teenager along but I figure if they never see me have fun, how else are they going to learn to do so themselves?'



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Join a forum to discuss these issues on www.andrewfuller.com.au

SCHOOL NOTICES

WE'RE FUNDRAISING WITH ENTERTAINMENT™

The NEW 2016|2017 Entertainment™ Books are here!

For every Entertainment™ Book and Entertainment™ Digital Membership we sell, \$12 contributes to our fundraising!

Pre-purchase before 6 April to receive early bird bonus offers worth up to \$160!



The new Entertainment™ Memberships are packed with thousands of up to 50% OFF and 2-for-1 offers that you can use through to 1 June 2017.

<https://www.entertainmentbook.co.nz/orderbooks/10q5488>

The more Memberships we sell, the more we raise! Please tell your family and friends. Thank you for your support!

For enquiries, please contact: Robyn Appleby
Phone: 04 2325201
Email: robyn.appleby@tawaint.school.nz
Group name: Tawa Intermediate School



Breakfast Club

We are looking for volunteers to help with Breakfast Club any morning from 8:00am to 9:00am. Even if you are able to help with tidying up towards the end of breakfast, we would be happy to have your help. If you can help please email helen.moran@tawaint.school.nz, or ring the office on 04 232 5201 and leave your name and phone number.

ICAS Competitions 2016

We are pleased to be able to offer students the opportunity to participate in the ICAS (Australian Schools) Competitions. Information about these competitions, along with dates and costs involved, have been sent home with your child. The form and the money need to be returned to your child's class by **Thursday 24 March**.

PORIRUA GRAND TRAVERSE

3 April 2016

ENTER NOW
EARLY BIRD PRICES UNTIL 26 MARCH

Fun Run/Walk & School Challenge
Multisport / Duathlon
Paddle / Mtn Bike / Mtn Run

www.pgt.org.nz

[ALL AGES. ALL ABILITIES. ALL AMAZING.]

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EVENT OPTIONS

ARENA FITNESS FUN RUN/WALK - 7.5 KM
A stunning and achievable run or walk around the Titahi Bay headlands. It's fun, scenic and for a good cause. And a great excuse to dress up to make it more FUN than run! The new School Challenge section offers kids and their schools a chance to win great prizes and cash for their school.

MULTISPORT / DUATHLON
Muster up the courage to take on the challenge of the iconic solo Grand Traverse (Kayak, Mtn Bike, Mtn Run) or Duathlon (Mtn Bike/Mtn Run) - or team up with your mates.

PADDLE ONLY - 10 KM
A new paddle-only option open to kayaks, surf skis, waka-ama and paddle boards. The route, from Whitireia Polytechnic across Porirua Harbour into Pauatahanui Inlet and back is scenic, safe and serene.

NEW MOUNTAIN BIKE COURSE - 24 KM
We've got an exciting new mtn bike route on Colonial Knob's new mtn bike trails. Think forest clad single track and a climb to the Porirua's highest point for the region's best view, followed by a big thrills downhill. Think challenging but achievable.

MOUNTAIN RUN ONLY - 18 KM
One of NZ's most spectacular, demanding runs through native bush, open farmland and rocky coastlines with amazing views over Cook Strait to the South Island. A great chance to explore some of Porirua's hidden treasures on land not normally open to the public. A run with true X factor.

[ALL AGES. ALL ABILITIES. ALL AMAZING.]

Find out more and register online at www.pgt.org.nz

PORIRUA GRAND TRAVERSE

The **Porirua Grand Traverse** once again invites schools to enter the 7.5k family fun run/walk. Race day is Sunday April 3rd, and there are prizes for the first boy and girl in every school year, as well as team prizes for the fastest school, the school with most entrants and fancy dress prizes for the zaniest costumes.

For schools that have traditionally had large entries, such as **Tawa Intermediate**, we have offer a **\$5 discount off the normal entry fee**.

Parents can enter their kids normally at <http://poriruagrandtraverse.co.nz/enter/>

Online entries must be completed by 26 March.

lunchonline

UPDATE

- 🍷 Chia Sushi now delivering to Tawa Intermediate every Tuesday
- 🍷 Nada Bakery orders delivered Mondays, Tuesdays and Thursdays
- 🍷 Easy internet ordering
- 🍷 Healthy menu options
- 🍷 Parents register online today!



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0800 565 565

Tawa Intermediate School change to 18th March, 2016

We will photograph portraits of all students as well as class photos.

You do not order your child's portraits or class photos until AFTER PHOTODAY.

You will receive an order envelope featuring a photo of your child after photoday. (Packs available below)

<p>Premium Pack(A) plus You get The File</p>  	<p>Value Pack(B) plus You get The File</p>  	<p>Single Pack (C) plus You get The File</p>  
<p>Portraits only (D)</p> 		
<p>Class only(E)</p> 		

Packs include:
 Premium Pack: 10x8, 2x 5x7, Postcards, Wallets, Calendar, The File voucher and a Class photo
 Value Pack: 2x 5x7, Postcards, Wallets, The File voucher and a Class photo
 Single Pack: 1x 5x7 portrait, The File voucher and a Class photo
 Class Photo: All class photos in portrait packs and Class only are 8x10 and laminated
 "The File voucher" includes the code to redeem the 2MB file of your child's portrait.

Pack prices (do not pay now) A = 35.00, B = 29.50 C = 28.00, D = 18.00, E = 14.00



18 March	School Photos – tomorrow!
21 March	Inter-Intermediate Athletics
22 March	Parent Teacher Interviews – school closes at 2pm
23 March	Parent Teacher Interviews – school closes at 2pm
24 March	ICAS enrolments close
25 March	Good Friday
28 March	Easter Monday
29 March	Easter School holiday – school closed
11 April	Inter-Intermediate Boys Football
12 April	Inter-Intermediate Girls Football
15 April	Term 1 ends
2 May	Term 2 begins

PUBLIC NOTICES

Supporting success in your school.

For new ASB home loans over \$150,000 drawn down before 31 December 2015, ASB will donate:

\$500 cash to participating schools.

To take up this offer you must be a parent, staff or member of the participating school. ASB's lending criteria, terms and conditions apply. 20% equity is required in the security property. Other terms apply. Fees may apply. For Ts & Cs and to download the voucher visit asb.co.nz/schoolbanking. Offer ends 31 December 2015.

ASB Bank Limited PPU49035

ASB

Mana Coaches

The Facebook link is below or alternatively by searching Mana/Newlands Coach Services.

<https://www.facebook.com/ManaNewlands-Coach-Services-1545024695823707/?ref=hl>



School Holiday Activities



For ages 5 – 15 in Minecraft, Create 3D Games, Coding, Web Design, Animation, Video Editing, and Building a PC and if young the Discovery Computer Class. For further information call 488 0787 or e-mail www.grandtraining.co.nz.



April 18th-22nd 2016 (tailored to children aged 7-12 years)

Let Weta Workshop take your child through a journey of movie magic work with our school holiday program. Workshops are open featuring drawing, sculpting, make-up and more! Don't miss out, book now online at <http://wetaworkshop.com/visit-us/workshop-tours/tour/school-holiday-programme>.



Monday 18 to Wednesday 20 April

Stop Motion Animation - Popular 3 days of creativity with Lego (based in Newtown)

Thursday 21 to Friday 22 April

Blockbuster Studios - Make a movie trailer of the next big thing (based in Newtown)

For more information go to www.newtownmovieschool.co.nz or contact Craig Lauridsen 021 966 277 or nms@acumen.net.nz



During the April School Holidays Porirua Basketball will be conducting a School Holiday Programme at Te Rauparaha Arena. All school ages welcome. Registrations can be made through hypebasketball1@gmail.com.

Date: Monday 18 April

Cost \$20pp

Time: Registration Desk will open from 9am and the programme will run from 9.30am – 2.15pm